To: Honorable Board of Supervisors
From: Michele Blake,
Department: Children and Families Commission
Subject: Authorization to prepare a proclamation for Sutter County Children & Families Commission declaring May 2019 as Maternal Mental Health Month

Recommendation: It is recommended that the honorable Board of Supervisors approve the preparation of the proclamation for Sutter County Children & Families Commission declaring May 2019 as Maternal Mental Health Month.

Background: Sutter County Children & Families Commission and their partners of Blue Shift Project is a collaborative effort to bring awareness and provide leadership for the mental health of the mothers. Blue Shift Project aims to heighten awareness and increased education among all residents in the County of Sutter regarding the incidence of Perinatal Depression. Perinatal Depression can have a profound impact on the family and significantly contribute to adverse developmental and behavioral outcomes and attachment disorders in the young children of affected women.

Prior Board Action: None

Action Following Approval: The Sutter County Children & Families Commission will prepare the proclamation and it will be presented to Sutter County Children & Families Commission and Blue Shift partners at the May 14, 2019 Board meeting.

Fiscal Impact: There is minimal fiscal impact associated with the preparation of this proclamation.

Countywide Goals and/or Top Priorities Compliance: This agenda item complies with the following Countywide Goals and Top Priorities:

Goal A: Provide local government leadership which is open, responsive, ethical, inclusive, and transparent, while recognizing and respecting legitimate differences of opinions.

Standing Committee Review: This item does not require review by the Agriculture/Public Protection & General Government Committee per Board or County Policy 305

Respectfully Submitted,

S/ Michele Blake
Attachments:
1. Proclamation_Maternal Mental Health Month 2019.docx